



Gort Cancer Support

Supporting People affected by Cancer

March 2021 Issue 2

Hollyblue House



Impact of Covid-19 since Christmas.

Due to the Covid-19 pandemic, we are still unable to reopen our support centre fully. We have been keeping in contact with the people attending our cancer support centre and offer remote counselling to anybody affected by a cancer diagnosis.

Providing support and a listening ear to those affected by a cancer diagnosis can greatly reduce their feelings of isolation and loneliness and a person who receives support is much more likely to adjust to their new circumstances with renewed hope and healing.

Our adult and adolescent counsellor and our cognitive behavioural therapist offer phone and video sessions, and our play therapist provides remote parental support.

We are delighted that our Lymph Drainage Therapist, Elaine Grehan, is seeing people affected by cancer related lymphoedema by appointment.

Virtual Valentine's Fundraiser

Our online virtual Valentine's Fundraiser Competition created awareness of our support centre. We had a great time reviewing all the entries. We were delighted that the Very Rev. Thomas Canon Marrinan, PP, VF (Fr Tommy) adjudicated our competition.



On International Women's Day 2018

a group portrait of the 53 sitting female members of the Houses of the Oireachtas painted by County Antrim based artist Noel Murphy was unveiled. We are lucky enough to have a framed print of this work, which has been kindly donated to help raise funds for our support centre. If anyone is interested in owning this piece and wish to make a bid please contact us on 086 1724500.

Happy Easter

Therapy Sensory Garden

Work on our therapy/sensory garden is currently underway. We are striving to maximize the sensory impact that the garden has on its visitors. Our sensory gardens will be user-friendly and we will encourage garden guests to touch, taste, admire, and listen. Creating a sensory garden is an exciting and worthwhile project and will provide limitless opportunities to teach and exercise horticultural healing therapy techniques.



Mobile UV Room Steriliser

As the safety of people visiting our support centre is of utmost importance to us, we were thrilled to have received funding from the Galway County Council COVID19 Emergency Fund towards the purchase of this mobile room steriliser.



Pop-Up Shop

Unfortunately, due to the current Covid -19 restrictions, we had to close our pop-up shop at Christmas and it looks like it will be at least another month before we can resume our 'click & collect' service. As soon as it's permissible we will be looking for donations of unwanted/unused quality gifts. Last year the pop-up shop generated enough income to meet a couple of our mortgage repayments.

