

Gort Cancer Support

Supporting People affected by Cancer

September 2022 Issue 8

Welcome to the September 2022 edition of our newsletter

September is a month that signals new beginnings. More than January, the dawn of September feels like the start of a new year for a variety of reasons.

Life settles into a routine. Holidays and lazy days of summer are over. The mornings are darker and evenings shorter. Children and young people return to school. September is an excellent time to focus on new projects and here in Hollyblue House we are excited with the new programmes we have added to our autumn/winter schedule.

But, firstly, let us reminisce on the past few months.

Hollyblue House Garden Party

We were recently told that there was a rumour going around that says 'whenever Gort Cancer Support has an outdoor event, that day is guaranteed to be sunny and dry'. It does seem to be true but we hope we are not tempting fate to prove otherwise. We are not suggesting that you check out Hollyblue House's Event schedule and then go ahead and organise your own summer gathering/garden party on that same day.



If you did that you would be missing out on a very enjoyable sociable gathering. We had a lovely evening, relaxing in the sun and catching up with friends old and new. What could be better than that? The garden was in full bloom and the refreshments were plentiful. A big thank you to the musicians who kept everyone entertained at our Garden Party. Dr Crea Gallagher & three of her sons, Hiudai, Aengus & Manus Mulkerrins, started us off with a few trad tunes & were joined by Fr Tommy Marrinan. They were followed the very talented Amy McCarthy.

We would like to thank everybody who attend the event and made it such a success and also a big THANK YOU to the people who hosted their own garden parties, summer gatherings and birthday bashes in aid of Hollyblue House.



Pop up Shop

What a great day we had at the Gort & District Show on 6th August. Even the weather was clement and rain stayed away. It was great meeting the many people who stopped by our stand and we were delighted to recruit some new volunteers on the day. We also availed of the opportunity to bring our Pop up Shop to the show and following this very successful outing our stock is currently very low.

So, we are now seeking donations of unwanted and unopened gifts to replenish our shelves and, if we have enough stock, we plan to open our Pop up Shop some evening in early December. In the meantime, please follow us on Gort Cancer Support Pop Up Shop Facebook page to see what we have available now.



Here in Hollyblue House, we know how challenging it is to process a cancer diagnosis as well as manage the physical and emotional side-effects of cancer treatment. The added stress of the appearance related side effects of treatment can be demoralising and very hard to cope with. Look Good Feel Better is an Irish Charity using the power of make-up to help women feel better about their appearance. They provide free skincare and make-up workshops to women receiving cancer treatment delivered by professional beauty therapists and make-up artists. 16th September marked their 2nd visit to our studio and the smiles on the ladies faces afterwards was the only testament we needed to know how well the workshop was received. If you, or somebody you know, is currently going through treatment and have not attended one of these workshops previously, please contact us and we will put you on the list for future events.

New Activities & Upcoming Events.

Our AGM is on Tuesday 4th October at 7.30pm. All welcome.

Activator Pole Walking and Restorative Yoga commenced beginning of September.

Breast Health Information Event is scheduled for Thursday 13th October from 5pm with guest speakers on the evening.

Pop Up Shop Event is scheduled for Thursday 1st December at 7pm.

Christmas Raffle is scheduled for Thursday 15th December at 7pm.